

Skin Biopsy

1. Dressing – Starting the first post operative day, you may remove the bandage in placed on the site. In the first days after the surgery it is normal to have some blood tinged or clear drainage from the incision. This should stop by day 5-7. You may bathe and get the tape wet, but avoid tub bathing for one week. If steri-strips are used they can be dried using a hairdryer at a low setting (no heat).
2. Pain Control – Most patients use over the counter Ibuprofen for pain control after the procedure. Take two 200mg tablets of Ibuprofen one hour before the procedure. You make continue to take Ibuprofen as needed. The first day you use icepacks on area for 20 minutes at a time as needed. On the second day you may apply warm heat to area for 20 minutes at a time as needed.
3. Sutures – If used they will dissolve in about two weeks. Sometimes the sutures may work there way to the surface. This is normal and they will disappear over time. If you are concerned you may return to the office and have them trimmed.
4. Reasons to Notify Our Clinic –
 - Worsening pain.
 - Foul smelling discharge.
 - Increased redness around biopsy site
 - If you are at all concerned about bleeding please contact our office immediately.