

Endometrial Biopsy

1. Spotting – You may notice some vaginal spotting for the first week after the procedure. During the first week avoid tampons or douching as they may introduce bacteria into the uterus.
2. Pain Medication – Most patients use over the counter Ibuprofen for pain control after the procedure. Take two 200mg tablets of Ibuprofen one hour before the procedure. You may continue to take Ibuprofen as needed.
3. Diet – There should be no change in your diet.
4. Sexual Activity – You should wait one week after the procedure is over before resuming activity. More importantly you should wait until you feel emotionally ready to begin this intimate activity which may take longer than a week.
5. Reasons to Notify Our Clinic –
 - Worsening pain.
 - Foul smelling vaginal discharge.
 - Fever greater than 100.4 degrees Fahrenheit.
 - Vaginal bleeding that soaks a pad an hour. If you are at all concerned about bleeding please contact our office immediately.
 - Nausea/vomiting.

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