

Colposcopy

1. Abstinence – You should abstain from intercourse for 2 days prior to the procedure.
2. Spotting – You may notice some vaginal spotting for the first week after the surgery. During the first week avoid tampons or douching as they may introduce bacteria into the uterus.
3. Pain Medication – You may take 400mg of Ibuprofen 30 minutes prior to procedure. You may continue to take 400mg of Ibuprofen every four hours as needed.
4. Diet – There should be no change in your diet.
5. Sexual Activity – You should wait one week after the surgery is over before resuming activity. More importantly you should wait until you feel emotionally ready to begin this intimate activity which may take longer than a week.
6. Reasons to Notify Our Clinic –
 - Worsening pain.
 - Foul smelling vaginal discharge.
 - Fever greater than 100.4 degrees farenheight.
 - Vaginal bleeding that soaks a pad an hour. If you are at all concerned about bleeding please contact our office immediately.
 - Nausea/vomiting.

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